

Independent Living HUBs	Monday	Tuesday	Wednesday	Thursday	Friday
Concord Nailsworth GL6 0DQ	Seated Yoga 10am (Term Time Returns Sept) Monthly Bingo 2pm	Crochet 10.30am	Coffee Morning-10am Craft- 1-3pm		Monthly Quiz (dates vary)
Sherborne Stonehouse GL10 2HP	Coffee Morning 10am	Day Centre & Fish & Chips Lunch £7.50, 10am-2pm Crafty Stitchers 7pm	Craft 10-12pm Meditation 7pm	Visually Impaired Club 10-12pm (First Thursday each month) Church Group 10.30am Bingo - 2pm Monthly Digital Help 4-5pm (Last Thurs each month)	Monthly Quiz (dates vary)
Grange View Uplands, GL5 1GR	Monthly Quiz (dates vary)	EngageD Now 11.45- 14.00pm Dementia friendly Lunch (Returns Sept)	Watercolours Art 10-12pm 23 rd Sept - 3 rd Feb Term Time hannah.taylor@sgscol.ac.uk Monthly Community Café & Digital Drop-in - 3.30-5pm	Weekly Bingo 3pm	
Walter Preston Court Cashes Green, GL5 4LJ		Bingo 2pm			Fish & Chips Lunch, Games & Chat 12-3pm
Springfields Court Cam, GL11 6PG	Invisible Illnesses Group 1-3pm		Church Meeting (fortnightly) 10.30- 12.30pm Coffee Club - 2pm	Lifeline knit & Chat 2pm (Returns Sept)	
George Pearce House Minch, GL6 9LA		Seated Yoga 10-11am (Term Time Sept)	Craft 10-12pm		Coffee Morning 10am
Dryleaze House Wotton, GL12 7BA	Knit & Natter 2.30- 4.00pm	Quiz 2.30-4.00pm	Monthly Digital Drop-In (Every second Wed) 11- 1pm		

For more information about activities, dates and times, or to get involved, please contact:

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