



Information for people who are in conflict with someone else.

Conflict is a serious disagreement or argument.

This could be about all sorts of things like noise, parking, the way we live our lives or the things we believe in.



Restorative Mediation is a way to improve things when there is conflict.

You can speak about the problem.

You can say what you need and what needs to happen to make things better.

You can meet with the person or people you are in conflict with safely to talk about what has been happening.



Restorative Mediation starts with a meeting with each person individually to hear what they think about the problem.

People only take part if they want to.

If everyone agrees we will set up a meeting.

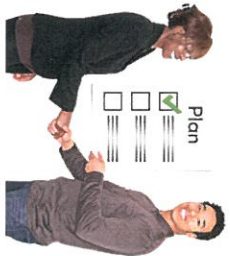
There will be a facilitator to help manage the meeting.

Everyone involved with the conflict can decide what needs to happen to make things better.



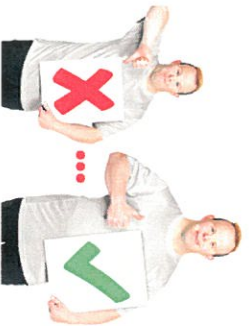
Restorative Mediation can be for anyone in conflict with someone else where both people would like to work together to make things better.

This could be neighbours, families, groups or others.



The facilitator will manage the meeting.
They will help everyone agree the rules.
They will make sure everyone feels safe and comfortable.
They will help everyone agree how they will work to make things better.

Usually you will have one or two meetings on your own and then a meeting together with the facilitator and the other person.



Restorative Mediation is a way for people to share how they are feeling about a situation and say what they need.
It can help solve problems and help stop them happening again.
It can help you have a more peaceful life.
Give you a chance to have your say about how you feel.
Help you work toward making things better.



If you would like more information, you can contact us.

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You can also visit our website

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