

Designation:	Fitness Instructor
Grade:	Stroud 2 plus enhancements for group exercise classes
Responsible to:	Fitness and General Manager
Service Area:	The Pulse, Dursley
Post Number:	

ESSENTIAL CRITERIA

QUALIFICATIONS

Minimum level 2 Fitness Qualification
First Aid

EXPERIENCE

Some experience in a similar role is ideal but full training will be given to the successful candidate who holds the above qualifications

SKILLS & KNOWLEDGE

Good Written and Verbal communication
Induction planning
Writing programmes

PERSONAL ATTRIBUTES

Committed to providing good customer service
Working as part of a team
A good motivator
Deliver classes to both small and large groups of participants

OTHER

- Committed to working for an employer that values diversity and equality of opportunity
- Must be able to attend meetings and staff training on the 1st Saturday of each month at 6am when required.

DESIRABLE CRITERIA

QUALIFICATIONS

Level 3 Fitness instructor
GP referral
Circuits/Spin

EXPERIENCE

Gym floor experience and knowledge of the fitness industry.

SKILLS & KNOWLEDGE

Ability to sell personal training and memberships from a gym environment
Working with all ages in a fitness environment
Ability to an induction and ability to write a fitness programme.

CORE COMPETENCIES

1. **Effective Communication**

You will be able to communicate clearly and effectively with a diverse range of people.

You can vary your communication dependant to your customer, using effective listening with the ability to persuade and influence where appropriate.

2. **Customer Service**

You are able to deliver the highest quality of service to our customers, both internal and external.

You will strive to deliver a consistently high quality service, with commitment, understanding and meeting their needs, in line with policies.

3. **Working Together**

You will be able to work co-operatively with colleagues and partners to achieve results and develop good working relationships.

You will be able to focus on the development of yourself and colleagues in order to enhance performance, motivation and ability to change.

4. **Innovating**

You will be able to seek better, more effective ways of delivering services.

5. **Accepting Change**

You will be able to adapt to new work challenges and situations, adopting a positive attitude to change.

6. **Supporting the delivery of SDC priorities**

You will be able to demonstrate an understanding of and commitment to the Council and its Services.

You will be able to demonstrate how your work supports and meets the needs of the service.

7. **Conscientiousness**

You will be able to be conscientious in the work you do and demonstrate that you can work in an organised and orderly manner.

You will be able to demonstrate that you can be industrious in the way you work.