

<b>Designation:</b>	<b>Fitness Instructor</b>
<b>Grade:</b>	<b>Stroud 2 plus enhancements for studio classes</b>
<b>Hours:</b>	<b>37</b>
<b>Location:</b>	The Pulse, Dursley
<b>Job Purpose:</b>	Motivate, encourage and train participant's in fitness activities at the Pulse in line with the companies policies.
<b>Responsible to:</b>	<b>Fitness and General Manager</b>
<b>Responsible for:</b>	<b>No staff supervisory duties</b>

## KEY DUTIES

- Supervise the gym floor ensuring participants are highly motivated to achieve their fitness goals
- Take all members through the member's journey ensuring the highest level of customer service.
- Teach fitness classes as dictated by the fitness programme within the gym, spin, fitness studio and pool as part of your weekly shift pattern
- Write and update fitness programmes for members
- Clean and maintain the equipment

## SKILLS AND KNOWLEDGE

### Essential

- Minimum level 2 Fitness instructor
- Experience in a similar role
- Good written and verbal communication skills
- Experience of working with the public
- IT Literate
- Ability to manage own time and workload

### Desirable

- A recognised group fitness teaching qualification
- Level 3 Personal Trainer
- First Aid

Ability to undertake work concerning more involved tasks confined to one function or area of activity, which requires a good standard of practical knowledge and skills in that area of activity.

## COMPLEXITY AND CREATIVITY

- Assist your manager in ensuring that a positive team ethos is engendered and maintained. Be a positive team member.
- Maximise income potential through positive member's journey experience

Work essentially conducted in accordance with established procedures/practices but needing occasional creative skills to resolve routine problems.

## JUDGEMENT AND DECISIONS

- Routine decisions on aspects of work with all other decisions being referred to the Fitness or General Manager

Work is carried out within clearly defined rules and procedures involving decisions chosen from a range of established alternatives.

## CONTACTS

- Members of the Council
- Members and staff of other local authority's/partner agencies
- Suppliers and contractors
- Members of the public

Contact required in respect of well established matters providing readily available information or assistance, or occasionally dealing with issues where the outcome may not be straightforward.

## RESOURCES

Responsible for the proper use and safekeeping of office equipment and for the accurate handling and security of small sums of cash and cheques.

## TRAVEL DESIGNATION

Casual

## GENERAL

- To work with communities sometimes outside normal office hours, including weekends.
- To ensure that at all times service delivery informs, reflects and supports the Council's prevailing aims and objectives.
- To work with colleagues across the organisation as required in support of organisational goals.
- To promote the Council's overall commitment to equality of opportunity/Diversity at all times and work within the requirements of the Council's Equality Scheme.
- To undertake all training and development initiatives as required.
- To work within Health and Safety guidelines in accordance with the Health and Safety at work Act.
- To work within the requirements of the Council's Environmental Policy and Management System.
- To undertake any appropriate duties required to meet the Council's obligations under the Civil Contingencies Act.

*This job description is a reflection of the present position and is subject to review and alteration in detail and emphasis in the light of future changes or developments.*