

SDC / ASA / EFDS / SPLC

Disability Development Action Plan

2005 - 2008

INCLUSIVE SPORTS DEVELOPMENT

THE NEED

There are more 8.7 million people in Britain who are registered as disabled. In actual fact the figure under estimates the real figure.

Part 3 of the Disability Discrimination Act 1995 (DDA) comes into force in October 2004 to ensure that “service providers have to make reasonable adjustments to their services to ensure they are not unreasonably difficult for disabled to use”.

This not only makes commercial sense, but the disabled market has proved to be loyal and committed once given the opportunity to participate in physical activity (IFI pilot 2002).

ENGLISH FEDERATION OF DISABILITY SPORT (EDFS) AIMS

To expand sporting opportunities for disabled people and actively increase the number of disabled people involved in sport.

- by helping and encouraging sports providers to include sporting opportunities for disabled people.
- by liaising with agencies, rather than individuals, to influence change.
- By publicising that disabled people have the right to the same sporting choices as everyone else.

INCLUSIVE DEVELOPMENT AIM

The EFDS Inclusive Development (ID) aims to provide more information and opportunities for disabled people to experience and participate in physical activity within the local authority (LA) boundaries.

Inclusive sports and physical activity will be promoted to existing gym users to expand their choice of activities.

(as quoted by EFDS 2004)

SDC are now working in partnership to develop disability sport via establishing a new community disability sports club, IFI and continuous personal development opportunities at SPLC. The centre is to become a major hub venue for disability sports development in the Stroud District and the following action plan aims to

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SDC IN PARTNERSHIP WITH ABILITY SPORTS ASSOCIATION, ENGLISH FEDERATION OF DISABILITY SPORT and PARKWOOD LEISURE

OBJECTIVE	KEY TASK	RESOURCE	TIME FRAME	COST	MONITORING ACTIVE ENGLAND (ASA/SDC)	MONITORING IFI (SPLC/SDC)
To increase the number of opportunities for disability multi-sport development in Stroud District	Employ a full-time community Disability Development Worker (CDDO)	LEAD Mike Robey ASA Active England Bid PARTNERS SDC RTSM SPLC site	Advert out Sept-Oct 04 Post start Feb 05	Scale 6 payment £25,459 over 3 years 04-07	Line managed ASA & SDC in partnership	Link to IFI athletes at SPLC
	Negotiate base for CDDO	LEAD SDC RTSM & ASA	By Oct 05	TBC		
	Audit Stroud District disability opportunities & current delivery at leisure centres, clubs, day centres & community groups (use IFI audit)	LEAD SDC RTSM	By Dec 05			Numbers of groups to target
	Link Audit to one done by ASA to ensure appropriate programming	LEAD SDC RTSM & ASA	By Dec 05		Numbers of groups feedback	Numbers of groups to feedback
	Market new multi-sport disability club to Stroud district groups/schools/networks via email/fliers/specific target areas from audit info.	LEAD CDDO & SDC PARTNERS SDC RTSM	By Feb/Mar 05 ongoing	£500 (ASA Active training)	Costs & production of materials in line with Active England budget (see budget sheet)	Links to IFI publications SPLC
	Set up and deliver a multi-sports club for disabled children, young people & adults (5-60yrs) at SPLC IFI hub site.	LEAD ASA & CDDO PARTNERS SDC RTSM SPLC Parkwood Leisure	By Feb-Mar 05 to run for x 3 years x 1 week day 2 hr session x 1 weekend day 2 hour session	TBC £2 charge per participant	Costs from Active England budget (see budget sheet)	Numbers of participants attending club Numbers of IFI gym users joining new club. Numbers of club members joining IFI gym SPLC

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OBJECTIVE	KEY TASK	RESOURCE	TIME FRAME	COST	MONITORING ACTIVE ENGLAND (ASA/SDC)	MONITORING IFI (SPLC/SDC)
Ensure compliant with SDC Child Protection & SPLC health & safety codes of practice.		LEAD CDDO & SDC RTSM & SPLC (provide guides)	By Feb 05			
Take registers & hold relevant forms on site (S01 form/Child Protection Incident report form/facility emergency procedures/parental consent forms/risk assessment) & report quarterly to SDC RTSM/ASA	Set up separate cost centre	LEAD SPLC Kieran Sinton	By Feb 05		Amount taken per quarter. Numbers attending club.	

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Ensure facility & equipment are compliant with IFI & DDA 2004 guidelines to ensure equality of access/opportunity for disabled participants.	Adopt SDC Equality and Diversity Policy.	LEAD SPLC Kieran Sinton PARTNER Policy & Review Team SDC	By Sept 04	TBC		Pieces of equipment required. Cost of equipment.
	Assess SPLC gym equipment placement & regs, locker & changing areas & access measurements ready for IFI stage 4 visit to site & DDA 2004 (Oct).	LEAD SPLC Kieran Sinton SDC Leisure Manager- Ashley Tucker PARTNER SDC RTSM (DDA Directory 2004). IFI 125 SDC Mike Hammond	By Sept 04			
	Set up IFI register of users to SPLC gym & feedback to SDC RTSM quarterly.	LEAD SPLC PARTNER SDC RTSM / IFI	By Dec 05			
	Link with external disability sports providers for x 2 taster sessions.	LEAD CDDO & SDC RTSM PARTNER Go-Ball (Wheelchair soccer specialists)	By Dec 05	TBC	Numbers attending	
	Obtain sportsability equipment & further products for sessional use at club & IFI links	LEAD CDDO & ASA	Ongoing	£1500 over x 3 years (TBC)	New equipment obtained from Active England budget	

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OBJECTIVE	KEY TASK	RESOURCE	TIME FRAME	COST	MONITORING ACTIVE ENGLAND (ASA/SDC)	MONITORING IFI (SPLC/SDC)
Ensure appropriate management of budget/funding opportunities & monitoring of all sessions to enhance further club development & sustainability	<p>Manage working budget for x 3 year project and feedback expenditure as & when required to ASA & SDC RTSM</p> <p>Monitor (register) club sessions at SPLC & outreach satellite sites re numbers/activities delivered/ equipment risk assessment & maintenance/issues & feedback to SDC RTSM & ASA as & when required (quarterly)</p>	<p>LEAD CDDO</p> <p>LEAD CDDO - community club SPLC – IFI gym users</p>	<p>Quarterly feedback from Mar 2005</p> <p>Quarterly feedback from March 2005</p>	(see budget breakdown)	<p>Expenditure in line with Active England budget sheets</p> <p>Numbers attending</p> <p>Activities delivered</p> <p>Numbers linked to CPD / talent ID & events</p> <p>Costs of equipment repair</p>	<p>Numbers of IFI gym users</p> <p>Numbers linked to community club</p> <p>Numbers linked to IFI fitness suite at SPLC</p>
Establish competitive opportunities & encourage social inclusion for disabled athletes in variety of sports locally, regionally & nationally	<p>Increase centre to club links by setting up & co-ordinating x 10 1 hour disability delivery sessions at satellite site (Scout Enterprises Day Centre, Stroud)</p> <p>Work with SPLC IFI gym to link participants & volunteers to disability club at SPLC</p>	<p>LEAD CDDO and Jem Sweet (Scout Enterprises) PARTNERS SDC RTSM</p> <p>LEAD CDDO PARTNERS SPLC</p>	<p>By Dec 2005</p> <p>By Dec 2005</p>	TBC -	<p>Numbers of participants on sessions</p> <p>Numbers of participants linked to community clubs</p> <p>“</p>	<p>Numbers of participants linked to IFI site</p> <p>Numbers of IFI participants linked back to club</p> <p>“</p>

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OBJECTIVE	KEY TASK	RESOURCE	TIME FRAME	COST	MONITORING ACTIVE ENGLAND (ASA/SDC)	MONITORING IFI (SPLC/SDC)
	Attend SDC Sport & Physical Activity Forum to create competitive opportunities & set up annual festival event for Stroud District at SPLC (Boccia, Football, table sports (sportsability) between clubs, schools or groups (tbc)	LEAD CDDO PARTNERS SDC RTSM, special schools (Amberley Ridge, St Roses, Shrubberies) County Sports Partnership (Paul Arnold, Disability Officer) Neighbouring districts – CDC, FGRFC	By Dec 2005 (To be held preferably July or Oct)	£1000 (TBC)	Numbers attending festival New club members gained	Numbers linked to IFI at SPLC
	Link club and festival participants to Area Youth Games 2005 event day	LEAD CDDO and SDC RTSM PARTNERS CSP	By May 2005 (registration) Event June 2005	-	Numbers linked to AYG via club/festival	Numbers linked to AYG via IFI
	Link participants with Amberley Ridge Special School summer challenge week 2005	LEAD CDDO and SDC RTSM LEAD CDDO	By July 2005	£2000 (RTSM budget for week of events) TBC 2005	Numbers linked to the week	Numbers linked to AYG via IFI
	Link participants to special Olympics event at SPLC annually	PARTNERS Lionel Jones (special Olympics SPLC)	By April/May 2005 onwards	-	Numbers attending special Olympics event	Numbers linked to special Olympics via IFI

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OBJECTIVE	KEY TASK	RESOURCE	TIME FRAME	COST	MONITORING ACTIVE ENGLAND (ASA/SDC)	MONITORING IFI (SPLC/SDC)
To increase CPD for disabled participants in club/IFI suite to create life long learning & sustainable opportunities (see Appendix 1 – training action plan)	Supervise and co-ordinate volunteers & student placements	LEAD CDDO	Ongoing	-	Number of volunteers & placements	-
	Link participants & volunteers to Stroud College CSLA course 2005/6	LEAD CDDO PARTNER Alan Humphries (Stroud College)	By April 05/06	£15 per head	Number attending course	-
	Link volunteers & club coaches to IFI fitness suite training (see training plan appendix 1)	LEAD SDC RTSM, CDDO and SPLC	By Dec 05	TBC	Numbers trained	Numbers trained
	Link volunteers & club coaches to sportsability training (see training plan appendix 1)	LEAD SDC RTSM, CDDO AMD SPLC	By Dec 05	-	Numbers trained	Numbers trained
	Link club & IFI participants to Star Centre NVQ courses Link Star Centre students to club at SPLC to aid delivery.	LEAD CDDO PARTNERS SDC RTSM, EFDS, Star Centre (Ullenwood)	By Dec 05 onwards	-		

2 - 3 year Long Term Aims

YEAR 2

- ❑ CDDO to deliver sportability training x 2 courses per year at SPLC.
- ❑ Continue training programme at SPLC for any new club volunteers/coaches and SPLC staff (via training plan appx 1)
- ❑ Ensure talent ID of participants passed to EFDS, IFI agencies for regional/national talent camps.
- ❑ Set up boccia league/inter club competition with neighbouring districts and groups.
- ❑ Amberley Ridge / St. Roses Summer Challenge week 2006 – Feed in.
- ❑ CDDO to assist in obtaining further funding from external agencies to enhance long-term sustainability of role/project.
- ❑ Set up Club bank account / membership subs and constitution in order to gain further funding for 2007 onwards.

YEAR 3

- ❑ Encourage SPLC Parkwood Leisure to adopt club and sustain it after 2006/07 onwards.
- ❑ Continue to develop Club competitive links – multi sport or boccia league based at SPLC Amberley Ridge.
- ❑ Link to Forest Green Rovers FC soccability programme to gain players in hub-club and promote satellite soccability base at FGRFC 2006 onwards.
- ❑ Continue coach education training programme at SPLC for new club volunteers/coaches and SPLC staff (via training plan appx. 1)
- ❑ Link Stroud College CSLA students to community clubs for x 10 hrs. Voluntary requirement of course.
- ❑ Link in IFI development co-ordinator (if get one) in year 3 to sustain SPLC hub club and opps.

Appendix 1

SDC Disability Training Action Plan

2004 – 2007

SDC DISABILITY TRAINING ACTION PLAN 2004 – 2007

This is a partnership scheme for SDC involving Jane Bullows (SDC RTSM), Jem Sweet (Scout Enterprises day care centres), Cathie Bamba (Cotswold and Vale PCT Mental Health Practitioner), Kieran Sinton (Parkwood Leisure SPLC – Programming Manager), new CDDO (via ASA and Active England bid), Dave Padgen (EFDS SDO).

Ethos

The scheme is a grass roots / awareness disability development training programme for Stroud District Leisure Centre staff volunteers, carers, SDC staff, CDDO and community groups. It is strategically linked to the SDC SPAF objectives for mental health and disability training, IFI training and SPLC the ASA Community Disability Sports Club, the County Sports Partnership, disability development strategy for multi-sports provision for the county and the GFA 5 year disability strategy for soccer.

Development Aims / Objectives

12 months (2005 – 2006) (in line with IFI / EFDS / SPAF)

- ❑ To create/deliver mental health and disability awareness workshops training programme for all SDC leisure staff, volunteers, CDDO to cover skills required for working with people who experience mental distress / have a learning disability / communication issues and physical disability.
- ❑ To ensure that all SDC leisure staff receive diversity awareness training.
- ❑ To improve the training/deliverer numbers of sportability in Stroud District.
- ❑ To increase the opportunity for additional training for disability awareness in Stroud district UKSC workshops.
- ❑ To ensure that SDC staff, volunteers and disabled people have the opportunity to develop their CPD to their full potential – IFI training SPLC Fitness suite, Star Centre, FGRFC soccability.

12 month Plan - January 2005 – January 2006

SPAF Link	Objective	Key Action	Responsibility/key partners	Timeframe	Costs	PI's	Monitor Review	
							Active Eng (ASA/SDC)	IFI (SDC/EPDS)
CST 4 Long life learning CPD	To improve training/deliverers for sportsability in Stroud district	Obtain x 1 sportsability bag (or use ASA equipment bags in short term)	Kieran Sinton (SPLC programme manager) Jane Bullows (SDC RTSM) Rob Griffiths (SDC leisure) CDDO (ASA)	By Feb 05	£599	-	-	-
		Set up x 2 sportsability courses at SPLC IFI hub site (x 4 hours per course)		1 st one June 05 2 nd one Nov. 05	Venue hire (0?) Venue hire (0?) TBC with SPLC	Number of people trained Feedback questionnaire post course	Number of people trained Feedback questionnaire post course	Number of people trained Feedback questionnaire post course
		Market courses via SDC leisure and sports development e-system/fliers		By April 2005	£100	-		
CST2 social inclusion and CST5 lifelong learning/opportunity	To increase the opportunity for additional training for disability and mental health awareness in Stroud district	Provide pamphlets re: UK Sports Coach working with Disabled Sports people workshops in County x 100. Seek to train x 10 staff or volunteers on UKSC workshop. County coach education programme	Jane Bullows (SDC RTSM) Kieran Sinton (SPLC programme manager)	By Feb 2005 → Dec 2005 By Dec 2005	- £20 per head = £100	Number of people linked to courses	Number of people linked to courses	Number of people linked to courses

12 month Plan - January 2005 – January 2006

SPAF Link	Objective	Key Action	Responsibility/key partners	Timeframe	Costs	PI's	Monitor Review	
							Active Eng (ASA/SDC)	IFI (SDC/EPDS)
CST 5 lifelong learning	To ensure all staff (leisure), volunteers CDDO and club participants and community groups have the opportunity to develop their CPD to their full potential	Set up IFI specific training courses: X 1 teachers X 2 awareness and equipment training	Jane Bullows (SDC RTSM) Kieran Sinton (SPLC Programme Manager) Dave Padgen (EFDS)	By Dec 2005 <u>Teachers</u> April – July 2005 <u>Awareness & Equipment</u> Jan – Oct 2005 By Dec. 2005	£600 (per course TBC) = <u>£1800</u> (IFI to cover proportion of cost / EFDS too)	Number of staff trained	Number of staff trained	Number of staff trained
		Link x 2 people to IFI equipment training						
		Set up soccability course at Forest Green Rovers FC	Jane Bullows (SDC RTSM) CDDO (ASA)/ Jane Bullows (SDC RTSM) Nick Baker (GFA SDO)	By Dec. 2005	TBC TBC	Number of people trained	Number of people trained	Number of people trained
		Link x 2 people (CDDO + 1) to soccability training at Forest Green Rovers FC		By Dec. 2005 (poss 2006)				
		Ensure x 1 soccability trained person delivers at club	CDDO (ASA)	By Dec 2005 (poss 2006)	TBC (free?)	Number of sessions delivered	Number of sessions delivered	Number of sessions delivered
		Link at Stroud College CSLA courses	Jane Bullows (SDC RTSM) CDDO (ASA)	By Dec 2005 onwards	Officer time	Number of people to go onto CSLA	Number of people to go onto CSLA	Number of people to go onto CSLA
		Link to Star centre Ullenwood and consider NVQ courses – circulate info		By Dec 2 005 onwards	Officer time	Number of people on NVQ course	Number of people on NVQ course	Number of people on NVQ course

LONG TERM 2 – 3 YEAR AIMS

- ❑ Continue mental health and disability workshops via SPLC venue x 2 year 2 x 1 year 3.
- ❑ Continue diversity training at SPLC for all leisure staff x 2 sessions per year (year 2 and 3) for all new starters/linked to induction programme.
- ❑ Assess Equity Policy at SPLC annually 2006 onwards and adapt when required (in line with SDC changes).
- ❑ CDDO to continue sportability training x 1 per year 2006 onwards with SPLC Community Disability Club for volunteers and community groups. CDDO to find x 2 volunteers or SDC leisure staff to train as trainer trainers for sportability deliverer training continuity and outreach work to special schools/mainstream schools (2006).
- ❑ Link in Stroud College CSLA students County SSCO programme – step into sport students to Community Club training in sportability and IFI suite at SPLC and buy more sportsability bags (2006).
- ❑ Soccability training via Forest Green Rovers FC – seek to link to their new site (2007).
- ❑ Star Centre, Ullenwood → consider linking their NVQ course students to community club delivery and link x 2 volunteers to their NVQ programme (2007).

Budget : Community Disability Training Costs

SDC = £1500 / EFDS - £1000			
INCOME	FEBRUARY 05	FEBRUARY 06	FEBRUARY 07
SDC RTSM	£1500	(1000)	(1000)
EFDS	£1000	0	0
EXPENDITURE			
Venue hire	(SPLC provide in year 1)	(100) (IFI site)	(100) (IFI site)
Trainers (fuel/delivery/wages)	£1000	£1000	£1000
Admin (printing photocopying)	£400	£200	£200
Marketing	£250	£200	£200
Equipment	£600	-	-
	£2500	£1400	£1400

- Co-ordinator to start January/February 2005
- Training programme to start January/February 2005

Mike one – Year 1 Year 2 Year 3

IFI Co-ordinatorYear 3 come in?

SDC BUDGET BREAKDOWN FOR FIRST 12 MONTHS 2004 – 2005

2004 – 2005 financial year

- **SDC RTSM budget** - £1500 to be apportioned to scheme – new mental health training workshops/payment deliverers/potential equipment and publicity.
- **EFDS training budget** - £1000 for IFI training of teachers community potential additional funding.

2006 – 2008

Potential future funding applications by new community club to:

Gloucestershire Community Fund – up to £7000 (group to constitute itself and make bid)
Barnwood Trust